



**APRIL 17, 2010**

**COURSE:** This 26.2 mile road race starts in the 43 Area of Camp Pendleton, down Las Pulgas Road towards the ocean and heads north onto Old Highway 101/El Camino Real. This loops back at San Onofre, past the Pulgas gates, and onto Stuart Mesa Road, heading south. The course loops again back on Stuart Mesa heading north, to Las Pulgas Road, back to the finish line. Ocean views are throughout the majority of the course. This event is a Boston qualifier. Please note: some adjustments to the course may be made due to military training exercises. If any changes are made to the course, they will be posted on this website. **Note to handcycler and wheelchair athletes:** the entire course is on paved roads, however, these are not new improved roads.

**SCHEDULE:** Packet pickup opens at 6:00 a.m. Handcycle/Wheelchair start is at 7:05am. Marathon start is at 7:10am.

**ENTRY FEES:** CIVILIANS: \$90 until 2/1/10, \$95 after 2/1/10 or until sold out. ACTIVE DUTY MILITARY: \$45. MAKE CHECKS PAYABLE TO: MCCS Fund 0140. Entry fees are non-refundable and non-transferable.

**DEADLINES:** Mail-in deadline- April 1st, online registration deadline - April 14th. Register by April 1st to receive your race number, timing chip, and confirmation by mail, free of charge. **Note:** packets begin to mail on April 5th. Please use the mailing address where you will be able to receive this packet.

**RULES:** Minimum age for participating is 15 years old. No strollers, scooter or skates allowed. No animals allowed (other than aid dogs). Events are held rain or shine. For the safety of you and other participants, headsets are highly discouraged. Entries are non-refundable and non-transferable. Please note: there is a 6-hour time limit (13:40 pace) on the completion of the course.

**DIRECTIONS: From the San Diego area:** I-5 North to Camp Pendleton exit. Enter the Camp Pendleton main gate. HAVE YOUR DRIVER'S LICENSE, VEHICLE REGISTRATION AND INSURANCE INFORMATION READY. Continue on Vandegrift for approximately 7 miles to Basilone Road. Turn left. Continue on Basilone Road for approximately 9 miles to Las Pulgas Road. Turn right and parking will be on your right.

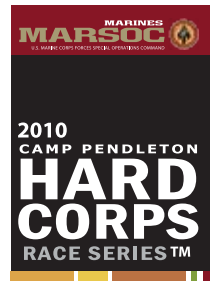
**From the Orange County or Los Angeles area:** I-5 North to the Basilone exit. Enter the Basilone gate. HAVE YOUR DRIVER'S LICENSE, VEHICLE REGISTRATION AND INSURANCE INFORMATION READY. Continue on Basilone Road for approximately 9 miles to Las Pulgas Road. Turn right and parking will be on your right.

**CATEGORIES:** Military and Civilian Divisions offer categories for Age Group, Clydesdale (male 200 lbs.+ ) & Athena (female 160 lbs.+), and 3 Challenged Athlete divisions: handcyclist, wheelchair and amputee. Age groups are 15-19, (18-24 military), 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, (50+ military), 55-59, 60-64, 65-69, 70-74, 75-79 and 80+.

**RESULTS, AWARDS, POINTS & PHOTOS:** Finisher medallions will be presented to all at the finish line. Awards ceremony will take place once the majority of racers are in. Awards given to the top 3 overall finishers as well as top 3 in each age division. Points for the 2010 Hard Corps Race Series awarded to the top 10 overall males and females in both military and civilian categories. Results also posted at 3:00 p.m. on race day; photos posted the week following the event at [www.camppendletonraces.com](http://www.camppendletonraces.com).

**RACE INFORMATION:** 760-725-6836 or 760-725-6289 and [cpraces@y-events.com](mailto:cpraces@y-events.com)

[www.CampPendletonRaces.com](http://www.CampPendletonRaces.com)



**2010 CAMP PENDLETON'S HARD CORPS MARATHON**

**MAKE CHECKS PAYABLE TO: MCCS Fund 0140**

Entry fees are non-refundable and non-transferable. Sorry, no fax or phone entries. Photocopies accepted.

\_\_\_\_\_  
FIRST NAME

\_\_\_\_\_  
LAST NAME

\_\_\_\_\_  
AGE

\_\_\_\_\_  
SEX

\_\_\_\_\_  
DATE OF BIRTH

\_\_\_\_\_  
DAYTIME PHONE NUMBER

\_\_\_\_\_  
STREET ADDRESS

\_\_\_\_\_  
CITY

\_\_\_\_\_  
STATE

\_\_\_\_\_  
ZIP CODE

\_\_\_\_\_  
EMAIL ADDRESS

**SEND ENTRY TO:**  
AC/S MCCS (Semper Fit Division)  
ATTN: RACE OFFICE  
Box 555020, Bldg. 1253  
MCB Camp Pendleton, CA 92055-5020

**RACING CATEGORY:**

- Civilian
- Military

**STATIONED AT CAMP PENDLETON?**  
(FOR PENDLETON CUP POINTS)

Battalion \_\_\_\_\_

Phone \_\_\_\_\_

**CHOOSE YOUR RACING DIVISION:**

- Age Group (see categories above)
- Clydesdale/Athena
- Challenged Athlete

**WAIVER AND RELEASE FROM LIABILITY (ALL PARTICIPANTS MUST SIGN):**

In consideration of the forgoing, I, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I have against the 2010 Camp Pendleton Hard Corps Marathon principals, United States Marine Corps, MCCS, Camp Pendleton and the USN, all sponsors and their representatives, and any and all claims against damages, demands, actions, whatsoever in any manner as a result in participation in said 2010 Camp Pendleton Hard Corps Marathon including but not limited to any injuries I might suffer, I acknowledge that I am aware of the inherent risks in participating in an athletic event of this type. I attest and verify that I am physically fit and have trained sufficiently for the competition of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the forgoing to use my name, my voice, and or my picture in any broadcast, telecast, advertising, promotion or other account of this event for any purpose whatsoever. **I understand that this entry fee is non-refundable and numbers are non-transferable.**

X \_\_\_\_\_  
Signature (If under 18 years old, parent/guardian signature required)

\_\_\_\_\_  
Date