# camp pendleton devil dog duathlon

## APR 14, 2012

**5K Run • 30K Bike • 5K Run**

2012 MARSOC
camp pendleton HARD CORPS® race series

**COURSE:** Your first 5K will be on a mostly flat course that loops through the 43 Area. The 30K bike course takes you out and back through scenic Camp Pendleton. The last leg will be another 5K through the 43 Area. This course is fully supported with water points and aid stations. Chip timing with split times for each leg of the race. THE BIKE PORTION IS NOT A CLOSED COURSE. YOU WILL BE SHARING THE ROAD WITH CARS - PLEASE RIDE SAFELY.

**SCHEDULE:** Race starts at 8:30 am – mass start. Day of race registration, chip pick-up and the transition area open at 6:30 am. Transition area closes for all participants at 8:15 am. T-shirt pickup will be after the event.

**ENTRY FEES:** CIVILIANS: $45 (individual) and $75 (2-person relay) on or before April 6th, $55 (individual) and $85 (relay) after April 6th or on race day. ACTIVE-DUTY MILITARY (not stationed at Camp Pendleton): $35 (individual), and $60 (relay). MAKE CHECKS PAYABLE TO: MCCS Fund 0140. Entry fees are non-refundable and non-transferable.

**DEADLINES:** Mail-in deadline- April 6th, online registration deadline- April 13th. Register by April 6th to receive your race number and confirmation by mail, free of charge. Note: if you live aboard Camp Pendleton or out of state, race numbers will not be mailed out - you may pick up your numbers on race morning.

**FREE** to active-duty stationed at Camp Pendleton - please visit our website www.camppendletonraces.com for details about how to register in person at the MCCS office.

**RULES:** Helmets are required and USAT rules will apply - no drafting. Minimum age for participating is 13 years old. We're sorry, but headphones and ear buds are prohibited during the event (base rules). Events are held rain or shine. Entries are non-refundable and non-transferable. Liability waiver must be signed by all participants on race morning. Please note: there is a 2 hour 45 minute time limit on the completion of the duathlon course.

**TRANSITION AREA:** The transition area is first come first served – no assigned racking. Transition area opens at 6:30 am. There is no riding in the transition area or over the transponder mats.

**DIRECTIONS:** From I-5, exit Las Pulgas and follow "RACE EVENT" signs to the race site. Bring a valid driver's license, proof of insurance, and vehicle registration. Allow 30 minutes from the base gate to the race site. When aboard the base, please follow all posted speed limits.

**CATEGORIES:** Military and Civilian Divisions offer categories for Age Group, Clydesdale (male 200 lbs.+), Athena (female 160 lbs.+), Mountain Bike (no age group), and Challenged Athlete. There is also a 2-person relay division. Age groups are 13-19, (18-24 military), 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, (50+ military), 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+.

**RESULTS, AWARDS, POINTS & PHOTOS:** 11:00 am awards ceremony for the top 3 overall males and females. Awards pickup for age group winners will take place throughout the morning. Awards given to the top 3 overall finishers as well as to the top 3 in each division. Points for the 2012 MARSOC Hard Corps® Race Series awarded to the top 10 overall males and females in both military and civilian categories. For Camp Pendleton active-duty, points go towards the Pendleton Cup. Results also posted at 3:00 pm on race day; photos posted the week following the event at www.brightroom.com.

**RACE INFORMATION:** (760) 725-6836 and (760) 725-6289 and cpraces@y-events.com.

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**SEND ENTRY TO:**
AC/S MCCS (Semper Fit Division)
ATTN: RACE OFFICE
Box 555020, Bldg. 1253
MCB Camp Pendleton, CA 92055-5020

## 2012 DEVIL DOG DUATHLON

MAKE CHECKS PAYABLE TO: MCCS Fund 0140 Entry fees are non-refundable and non-transferrable. Sorry, no fax or phone entries. Photocopies accepted.

FIRST NAME _____ LAST NAME _____

AGE on race day _____ SEX _____ DATE OF BIRTH ___-___-___ DAYTIME PHONE NUMBER ___-___-___

STREET ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

EMAIL ADDRESS _____

T-SHIRT
- ☐ SMALL
- ☐ MEDIUM
- ☐ LARGE
- ☐ X-LARGE
- ☐ XX-LARGE

CHOOSE YOUR RACING CATEGORY:
- ☐ Civilian
- ☐ Military

CHOOSE YOUR RACING DIVISION:
- ☐ Age Group (see categories above)
- ☐ Clydesdale/Athena
- ☐ Mountain Bike
- ☐ Challenged Athlete
- ☐ 2-Person Relay (Both fill out form, mail together)

FOR OFFICE USE ONLY
Fee Paid
Date Received
Payment Type

WAIVER AND RELEASE FROM LIABILITY (ALL PARTICIPANTS MUST SIGN)

In consideration of the forgoing, I, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I have against the 2012 Camp Pendleton Devil Dog Duathlon principals, United States Marine Corps, MCCS, Camp Pendleton and the USN, all sponsors and their representatives, and any and all claims against damages, demands, actions, whatsoever in any manner as a result in participation in said 2012 Camp Pendleton Devil Dog Duathlon including but not limited to any injuries I might suffer, I acknowledge that I am aware of the inherent risks in participating in an athletic event of this type. I attest and verify that I am physically fit and have trained sufficiently for the competition of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the forgoing to use my name, my voice, and or my picture in any broadcast, telecast, advertising, promotion or other account of this event for any purpose whatsoever. **I understand that this entry fee is non-refundable and numbers are non-transferable.**

X _____

Signature (If under 18 years old, parent/guardian signature required) Date